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NEW MEXICO SCHOOL NUTRITION ASSOCIATION NEWSLETTER

SCHOOL NUTRITION ASSOCIATION NEW MEXICO

Our Vision: Well-nourished students prepared for success

Spring 2017

Executive Board 2016-2017

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Shelley Montgomery
President Elect
Dean Gallegos
Vice-President/Member Services
Rachel Martinez
Secretary
Lyman Graham
Treasurer
Pauline Raia
Executive Secretary
Judi Jaquez, RD/LD
Nominating/Past President
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Nutrition Chair
Nancy Cathey, RD/LD
Education Chair
Margene Purcella
Resolutions/Bylaws Chair
OPEN
Processor
Chimene Quillen
Marketing Chair/Roadrunner Editor
Virginia Schroeder
Industry Chair
Janet Sanchez
Region 1
Sue Eddy
Region 2
Michelle Roaque
Region 3
Michelle Jerome
Region 4
Carmen Torres
Region 5

Register NOW to attend the 2017 Annual NMSNA Conference

Hope you are planning to attend the state Conference coming up June 6-8, 2017 at the Hyatt Regency in downtown Albuquerque, NM.

Registration for the annual New Mexico School Nutrition Conference is now open on our state website, nmsna.com. Just log onto the main page, click on the conference link and then follow the registration prompts on the conference page. If you have any questions regarding the conference registration feel free to call Sabrina Gonzales at

REGISTER ONLINE AT: NMSNA.COM

2 Ways to Register

Important: Instructions for Registering Online for the NMSNA 2016 Annual Conference

1) Members - Log onto nmsna.com, navigate to the conference page and follow the prompts.

2) Directors - Directors can register themselves and/or staff members:
Use your SNA member # and Director password to log in under the "District Login" section. This will allow you to see all members in your district.

President's Message: Norma Valenzueala, President NMSNA

Joining the School Nutrition Association has been the best thing I have done while working for the schools. It has helped me reach the spot I have in Nutrition Services. Through this association I have received so much professional development that has helped me so much. It has taught me how to help other employees in our line of work.

In the duration of being a member of the NMSNA I have served as a regional chairperson. As a regional chairperson I learned how to set up trainings sessions of continuing education for our members of NMSNA. I was then elected to attend the Future Leader's Program in 2013 at Savannah, Georgia. That was a very big learning experience for me as I learned about how to become a leader, learned how to do public speaking (which was very hard for me), learned how to network with other states, and so much more. I made so many new friends that I still see at all the different conferences we all attend.

Then that lead me to run for vice president for my state association. During my terms as vice president, president elect, and president I have done a lot of traveling to many different state. Learning so much and there is always something new to learn about the nutrition of our children. I believe that my favorite has been going to the Legislative Conference in Washington. There is so much to see there and so exciting going to the house on the hill.

I would like to invite any NMSNA member to become involve in the State Association. There is so much to learn and a great experience. I would also like also invite all members and nonmembers to join as at our State Conference on June 6-8, 2017 at the Hyatt Hotel and Albuquerque Convention Center. There will be some great speakers at the general sessions, a variety of classes, and our great big food show in which you get to sample lots of new products that help us meet our regulations. If you are a nonmember the cost is higher to register, so become a member now for a lower registration fee. Join us at the 2017 NMSNA STATE

Executive Secretary's Corner: Pauline Raia, Executive Secretary

Spring is here and another school year is almost over with. For me it is another year of working with the best group of people anyone can work with and that is all of you, School Food Service Professionals. The main function of my job is to work with the NMSNA Board and ensure I am doing all I can to make their volunteer positions on the NMSNA Board as easy as possible. I do this by helping them with tasks they have to do as members of the NMSNA Board. All board members have full time jobs in their schools districts and serving on the NMSNA Board is added work for all of them. However, the ones that have served on the NMSNA board have gained so much by doing this and if I can help them while they serve on the NMSNA board it is a win win situation for everyone. They agree to serve on the NMSNA Board because they are so committed to school food service and this a venue that helps them to represent and bring new ideas for all school food service personnel. It is also great professional development for all of them with everything they learn while serving as a member of the NMSNA Board.

I would like for all of you that have never served on a board to think about the opportunity to serve on the NMSNA Board either by running for an office such as vice president, secretary or treasurer or by accepting other vacant positions when asked by the NMSNA President to serve on the NMSNA board. Believe me, you will not regret it and the benefits you will gain from doing this will be with you throughout your career.

Do not be afraid, take the plunge and be a leader on the NMSNA Board.

Legislative Update: Sandy Kemp, Legislative Chair

On February 20th a group of school foodservice professionals were on hand at the Santa Fe Round House for NM School Nutrition Day. This day promotes both school nutrition and Food & Farms Day which showcases the farmer's hard work along with other programs. This is the second year that we have participated together and this year's School Food Service Professional of the Year award went to Barbara Berger from Las Cruces Public Schools. Congratulations Barbara!

The states budge, and school districts across New Mexico have been hit hard. Please reach out to your political representatives to try and save the New Mexico Fresh Fruits and Vegetable Programs. As of now the funding will not be in the budget for the school year 17-18, but continue to reach out and voice your concerns as there still is a chance to save it for upcoming years. Thank you Pauline for sending all the emails out reminding everyone to reach out and speak up to save program funding.

Moving on to the upcoming Legislative Action Conference in Washington DC, The School Nutrition Association has put out the 2017 position paper. You may access the full version on the SNA website.

- Oppose any effort to block grant school meal programs.
- In the next Farm Bill, support schools, US growers and students by providing 6 cents in USDA Foods for every school breakfast served.
- Provide schools practical flexibility under federal nutrition standards to prepare healthy, appealing meals.
  - Maintain the Target 1 sodium levels and eliminate future targets.
  - Restore the initial requirement that at least half of grains offered through school lunch and breakfast programs be whole-grain rich.
- Simplify regulations to improve efficiencies and provide $1 million for an independent study of federal requirements for Child Nutrition Programs.

Upon return from DC we will update with any news. The importance of reaching out and speaking up is so important, please continue to do so. I want to thank Virginia Schroeder, Janet Sanchez, Pauline Raia, and Pam Roy for all the assistance with NM School Nutrition Day, and LAC.

2017 NMSNA Conference: Shelley Montgomery, President Elect

"You are the STAR"

Is the theme for this year's NM SNA Conference. I am looking forward to this conference being all about you. You are the star in your kitchen and district. You work hard preparing good, healthy, food to serve to hungry students. We will be celebrating you the Food Service Professional.

The New Mexico School Nutrition Conference will begin with pre-conference on June 5 and conference June 6-8. Location- Hyatt Regency downtown Albuquerque. We look forward to seeing you at the conference. Come enhance your professional skills and have lots of fun in the process.

Please visit our NM SNA web site at www.nmsna.com. Have a great spring and I will see you in June.

Nominating/Past President: Judi Jaquez

Election of Officers Coming Up!

Each year our Association elects officers for the coming year. For 2017-18 we will be electing a Vice-President and Treasurer. The Vice-President serves one year and then becomes the President-elect and then the President the following year. The treasurer serves a two-year term.

This year Rachel Martinez has agreed to run for Vice-President. She is currently our Secretary. Rachel was previously a Regional Representative on the Board. Rachel is employed as the Food Service Director in Mora Schools.

Lyman Graham is our current Treasurer and has held that position for many years. He has agreed to run for the position again. However, if there is someone interested in running for Treasurer or Vice-President we would love to have another candidate for the positions.

Qualifications for all positions are that you must have been a member of the Association for 1 year, must have attended one state conference, and must have served on an appointed position or committee of the Board. If you are interested in serving, call Judi Jaquez at 505-467-3602.

Don't forget to reserve you rooms!

The NMSNA annual conference is at the Hyatt Regency in downtown Albuquerque, room rates start at $139 per night.

We are now accepting hotel reservations for the NM School Nutrition Association - 2017 Annual Convention. Through this website you can book, modify or cancel your hotel reservations at any time. We look forward to seeing you! https://aws.passkey.com/go/NMSNA2017

Industry Report: Virginia Schroeder, Industy Chair

Some really exciting things are going on in our industry today. Most manufacturers are working toward what is being called "CLEAN LABELS". This means that there are going to be fewer and fewer additives in the products you are using to feed the children of our state. Some of the major items you will see being removed from the labels and the products are

- Artificial Flavors
- Artificial Colors
- High Fructose Corn Syrup
- MSG (this one has been gone hopefully for some time)

Other advancements manufacturers are making especially in the protein category is less or NO use of Antibiotics in the raising of Chickens, Turkeys, Cows and Pigs. You will be seeing more and more companies using "No Growth Hormones", "Certified Responsible Antibiotic Use" or "Never Antibiotics Ever" used in the raising and treatment of these birds and animals. You may have already seen some of these items in your local grocery store.

As we become more sophisticated on what is and is not good for human consumption these issues will become paramount. Parents and students alike will begin pressing for our use of only these type items on our school trays. You may want to begin looking at your bid specifications now to see where these "Clean Label" items might fit.

As always your local broker is a great source for accurate nutritional information for your bid specifications.

Vice President/Member Services: Dean Gallegos, Vice President

Well, we are in the home-run stretch of school year 2016-2017. It has been a challenging, but also a very exciting, year for me as vice-president. I have learned so much with the guidance of the NMSNA Board, and especially, the executive board. I have enjoyed the ride so far and I am looking forward for the upcoming school year. During this time I will be planning a conference as president elect. Anyone who know me, knows that I am a sports fanatic and would like to incorporate that theme for next year.

This year's conference committee has been very busy with setting up the classes under the direction of President-Elect Shelly Montgomery. Ms. Montgomery has put together a great conference, assembling great classes along with great speakers. Bring a friend or go with a friend. You will not be disappointed, I guarantee you!

I would also like to encourage everyone to get involved with the NMSNA, attend regional training, and work on getting your certification. Attend the state and national conferences and learn from other districts from around the state, as well as from around the country. You will meet people who share the same interests and have the same concerns as you. You are not alone; you have a family in the NMSNA. Just reach out to them.

Directors- encourage your staff! Lunch Ladies and School Food Dudes- ask your directors or administrators! One of the best decisions I have made as a Food Service Director was to become involved in NMSNA and attend that first state conference, and I would like everyone to have the same great experience!

Bylaws Update: Margene Purcella, Bylaws Chair and Committee

The following bylaw changes will be voted on at the NMSNA conference in June. Everything in blue is being added to bylaws and everything in red is being deleted. A full copy of the NMSNA bylaws can be found on the NMSNA website at www.nmsna.com

Line 69 in bylaws

1. Persons employed at the preschool, school, school district, college, state, or federal levels in a food and nutrition program which serves meals; in the state of NM.

Line 87 in bylaws

The member shall have served in at least one appointed office on the Executive Board or appointed committee and attended one State Conference. Must live in NM.

Line 92 in bylaws

A. President – The president shall:
   - Have demonstrated leadership and interest in Association affairs;

Be regularly employed in eligible field but may not be employed as a district director, supervisor, regional manager or corporate officer of a for profit organization

Line 226 in bylaws

President, or upon the request of fifty (50) percent plus one (1) voting members of the Executive Board. A quorum shall be a majority of the voting Executive Board members.

Please review the proposed changes to the NMSNA bylaws. You will have the opportunity to vote on the bylaw changes at the State Convention.

Region 1: Janet Sanchez

Our Spring Training will be held on March 25 at the Belen Middle School. Invites were sent out to all Districts and we are hoping we get lots of attendees.

On the schedule is HACCP a 2 hr. course, 1 hour of Zumba with our own Katie Sais and a 2 hr. class on Team Building.

Region 2: Sue Eddy

District 2 NMSNA Spring Training will be held in the Gallup area, (location TBA) Saturday, April 8, 2017. The classes offered will include Safety (Professional Standard learning topic 3450 - 2 credit) ... 'Where does it hurt?..., a class by POMS, that will help us identify things we do that hurt our bodies and help us to work safer. Team-building and Fuel up to play (4140/ 4120 credit), with Mary Ann McCann!

More classes will be added as I get them lined up! It will be a day full of learning and fun! We look forward to seeing everyone there.

If you do not receive emails from me, please make sure you email me (seddy@rcsnm.org) to be notified of actual location and class schedule as we near the date.

Region 3: Michelle Roaque

Hello Everyone!!!! This is Michelle Roaque from Region 3 just updating you on what is cooking in our Region. We are preparing for our Spring Region 3 Training which will be on April 1st, no foolin'! We will be starting our day at 7:30 with Breakfast Burritos, Assorted Pastries, Fruit, Coffee and Tea….I am getting hungry already! We will be starting at 8:00 with Most Common Causes of Kitchen Injuries taught by Delores Worley from POMS. Next at 9:00 is Ethics and Team Building with Angela Haney. We will be having a Catering Class at 11:00 by Taos Farmhouse Café and they will teach us ways to set up a beautiful catering table, 3 ways to decorate a cake including healthy ways with fruit and flowers. Ending with a watermelon carving/fruit platter demonstration. Lunch break at noon and food will be provided by Taos Farmhouse Café. Our last session will be on Self-Care and Eric Welch and Amy Starr who will be helping us get limber and relax! So, adios from our neck of the woods!

Region 4: Michelle Jerome

In the bloom of Spring we will be having our training on March 18, 2017 at Goddard High School with a welcome and breakfast starting at 7:30 am. We will amaze everyone by the classes we have set up from our S.I.N.G. (self-defense) class to the everyday needs of Team Building. In the spirit of the upcoming flowers blooming and the smells of fresh cut grass we will feel like we will be hanging out at the grill as for our lunch we will be having good ole B-B-Q with all the fixings from potato salad, coleslaw, kettle chips and all the way to a great end of cobbler for dessert , which is always great. I want to thank everyone for their help from cooking, cleaning, to helping set up for these trainings. I do believe these trainings we hold twice a year are not only beneficial, they help us in so many ways from Meal Patterns, Food Safety, Work Safety and even Norovirus these are the things that we take home.

SNA Bites Highlights

To see more please visit NMSNA.com

SNA March Webinars: A Slam Dunk!

It's March Madness with 5 NEW Webinars from SNA! Take advantage of the many opportunities to earn CEUs on hot training topics this month. See below to register and for a detailed list of this month's webinars.

- Wed, March 8th at 2pm EST – Best of #SNIC17 2 of 4: Clean, Processed and Natural… OH MY!
- Wed, March 15th at 2pm EST – Food Allergy: Discussing the Science Behind the Facts
- Wed, March 21st at 2pm EST – 2017 SNA Position Paper, What you need to know!
- Wed, March 22nd at 2pm EST – Schools as Nutrition Hubs: The Business Savvy Strategy to Reduce Childhood Hunger
- Wed, March 29th at 2pm EST – Buy American Act

Click here to register! All webinars are held at 2pm Eastern Time (1pmCT/Noon MT/11am PT). Visit SNA Webinars for more information. Missed a recent webinar? Check out the Webinars On-Demand library and catch up on the hottest topics in school nutrition; available to SNA members 24/7.

Attend ANC 2017 with a First-Timer Scholarship!

The ANC First-Timer Scholarship provides recipients with $500 to cover registration and travel expenses associated with attending SNA's Annual National Conference (ANC) in Atlanta, Georgia, July 9-12, 2017.
District directors, who are active SNA members and are registered to attend ANC 2017, may nominate one member of their staff for this scholarship. The staff member must be an active SNA member in the employee or manager category who has never attended ANC. To learn more, visit our ANC First-Timer Scholarship page. Scholarships are awarded on a first-come, first-served basis, so encourage your director to nominate you today!

Celebrate School Lunch Hero Day | May 5, 2017

May 5, 2017 marks the fifth annual School Lunch Hero Day (SLHD). School officials, students and parents from all over the country will recognize the hardworking professionals in school cafeterias. Find way to recognize your heroes from the gift of membership to an employee lunch or shop: the SNA Emporium for official School Lunch Hero Day merchandise including posters, aprons and bookmarks

Also watch out for new SLHD related sharable social media content on SNA's Facebook page in the lead up to School Lunch Hero Day!

Recruit this Spring for a Chance to be an SNA VIP!

We have the opportunity to win big this spring and boost our membership to strengthen our association! Our mission is to recruit as many new members and retain as many current members as possible to meet or exceed our 3% membership growth goal. Our state association could be the Membership Division Champion!

Plus, if YOU recruit members, you can win, too! If you bring in 5 or more new members to SNA this year through the Annual Membership Campaign, you will be entered in a raffle to win 1 of 5 VIP registrations to ANC 2018 in Las Vegas! For more information about the Annual Membership Campaign and how you can win big by recruiting, visit: https://schoolnutrition.org/vegas/.

Join the Fight to Reduce Food Waste

Would you be interested in participating in a waste measurement study, if the work involved is minimal? Check out this tool on reporting food waste! Developed by the Environmental Research & Education Foundation (EREF), and in collaboration with the School Nutrition Foundation (SNF), the School Cafeteria Discards Assessment Project (SCrAP), aims to gather information regarding the quantity of waste generated in school cafeterias and obtain an understanding of how this waste is managed both at the school and after it is hauled away. Learn more about how to sign up schools in SCrAP.

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NEW MEXICO SCHOOL NUTRITION ASSOCIATION NEWSLETTER
1700 37th. St. SE
Rio Rancho, NM 87124

SCHOOL NUTRITION ASSOCIATION NEW MEXICO

GOT NEWS?

Send your information to: ATTN: Chimene Quillen, 8340 Washington St. NE, Suite B, Albuquerque, NM 87113 or email chimeneq@gmail.com.

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