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NEW MEXICO SCHOOL NUTRITION ASSOCIATION NEWSLETTER

SCHOOL NUTRITION ASSOCIATION NEW MEXICO

Our Vision: Well-nourished students prepared for success

Back to School 2018

Executive Board 2018-2019

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Region 4
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Region 5

EX-OFFICIO

Michael Chavez
PED Deputy Director
Noelle Sanchez
FANS Bureau

It's going to be a great year!

Membership -2018 State Awards
PLEASE congratulate our Stars if 2018

Director of the Year -2017-2018
Dean Gallegos

Manager of the Year - 2017-2018
Carrie Smith

Employee of the Year - 2017-2018
Pamela McCune

Friend of the New Mexico SNA - 2017-2018
Roger Gonzales

Friend of the New Mexico SNA - 2017-2018
Michael Esquibel

Friend of the New Mexico SNA - 2017-2018
Jimmy Hall

Friend of the New Mexico SNA - 2017-2018
Howey Morales

Friend of the New Mexico SNA - 2017-2018
Brian Egolf

PRESIDENT'S MESSAGE

Welcome back New Mexico Schools Lunch Ladies and School Food Dudes!! My name is Dean Gallegos and I am the President of the New Mexico School Nutrition Association.

I hope you had a great summer whether you worked with one of the summer feeding programs or took some time off. One thing though is that I hope you were able to attend either or both NMSNA Conference which was in Albuquerque or ANC in Las Vegas Nevada. These conferences give you a wonderful opportunity to network with your peers and give you a chance to try new products.

I get excited every year at this time because we are about start a new year and am able to get energized over the summer and ready to face the challenges of feeding our children. It takes a special person to do what we do and we as school food professionals must ensure that every child has a full stomach and ready to learn. This is our contribution to the educational system. Some of our children in our schools will only have the meals that we serve as their only meals for the day.

So to keep us energized and fired up, the NMSNA will provide regional trainings throughout the state in the fall and spring to help ensure that everyone has met their Professional Development hours. Everyone will be getting the information on the trainings as well as information as to what the NMSNA is doing for you. The NMSNA represents you and we as a board will be more transparent this upcoming year. A public relations person was added to the board so you will be getting lots of information so look out for that.

I would like to encourage all of you to sign up a friend or a colleague to become members of NMSNA. In our small state we are almost 900 members strong. New Mexico is well represented around the country by several members of our board and we would like to continue on that path so get involved. One way is to nominate a co-worker for one of the state and national awards, Employee of the Year, Manager of the Year or Director of the Year. We have hundreds of qualified candidates out around our great state, who knows maybe one of you could me a national winner. We won't know unless you nominate someone. More information will be coming out in the fall.

In closing I would like to wish everyone a productive and successful year and again, get involved with the association, you won't regret it and you will be able to reap the benefits that the association has to offer. Again HAVE A GREAT YEAR!

DEAN GALLEGOS - President, NMSNA

VICE PRESIDENT - *Janet Sanchez*

The School Nutrition Association and NMSNA is having a back-to-school membership Drive. September 1st through November 30th. YOU can win a free registration to National Leadership Conference in Sarasota, Florida in 2019. Recruit someone today. #snastrong

Alone we whisper, together we shout.

More voices raised in support of student nutrition programs .

Another membership Drive: if you recruit one to five people through May 31st 2019, you will be entered into a drawing to win one out of five registration to ANC in 2020 in Nashville, Tennessee!!

Help our association grow and stand strong by recruiting today!

LEGISLATION CHAIR - *Virginia Schroeder*

The NMSNA Legislative Committee (Sandy Kemp, Sue Eddy, Sonya Moore, Roger Gonzales and Virginia Schroeder) have been busy working on your behalf this summer.

New Mexico Grown Week will be October 1st thru the 5th, 2018. All districts who are receiving state funds for locally grown product should plan on an event this week. The attached flyer gives you most all the information you need to "get involved".

NM Farm to School has requested a proclamation from the Governor indicating October as New Mexico Farm to School Month.

We are continuing to push our federal legislator to vote AGAINST Block Grant funding for any school nutrition programs. Email blasts have been sent to all foodservice directors requesting that they reach out to their local US Senators and Representative to indicate their **non-support** of this type funding.

Tentative date for NM Student Nutrition Day in Santa Fe at the 2019 Legislature is **January 24th**. As we get closer we will let you all know how and why you should participate.

18-19SY Legislative Issues

#1 Unpaid Meal Charges – need state funding to cover
#2 Recess before Lunch
#3 30 Minute Lunch from time student reaches cafeteria
#4 Breakfast after the Bell
#5 New Mexico Grown F&V Funding – continuation
#6 Funding for NM Beef (Roswell &/or Reservation Beef)

EXECUTIVE SECRETARY - *Pauline Raia*

Hello Everyone

I hope everyone had a great summer and are ready to start another school year serving our school children delicious and nutritious foods. Just want to share with all of you that SNA dues will be increasing effective October 1, 2018. Below is the info from SNA about the increases. Have a great year and if there is anything NMSNA can help with please email me at pauline.raia@q.com or check out the NMSNA website at www.nmsna.com. Please be on the lookout for info regarding the NMSNA fall trainings.

Important Update: National SNA Member Dues Increasing?

Effective October 1, 2018
The SNA Board of Directors recently approved an increase in national member dues, which goes into effect on October 1, 2018. As part of the governance changes passed by SNA's Delegate Assembly in 2015, national member dues increases may only occur every other year and increases cannot exceed 10%.
Starting October 1, national dues will increase as follows:

- Affiliate Employee/Affiliate Retired: From $17 to $18
- Employee/Student/ Retired: From $33 to $36
- Manager: From $35 to $38
- Director/Major City Director/Educator/State Agency/Other: From $120 to $130

Updated Applications
Revised national and state membership applications will be distributed in September 2018. This is also a great time to let us know if you are planning to change your state dues. If so, please let us know as soon as possible. We'll just need your dues amounts and the effective date.

Why are national dues increasing?
The national dues increase allows SNA to provide and sustain enhanced member benefits, including strong advocacy, the award-winning *School Nutrition* magazine, access to the latest news and trends in school nutrition, and high-quality professional development resources to help members meet and exceed USDA Professional Standards annual training requirements.

In 2018-2019, SNA members can look forward to more free educational webinars (live and on-demand), free access to the 2019 SNA Virtual Expo, which includes over 20 videos of live education sessions; and free access to SNA's Food Allergy Resource Center. In the coming months, look out for SNA's new members-only Learning Center launching where members can expect high quality ethics training, tips for training adults, financial management resources, procurement resources and culinary skills training.

Pauline Raia, NMSNA Executive Secretary

REGION 4 UPDATES - *Connie Miller, region 4 chair*

Region 4
Region 4 fall training will be October 27th at Clovis High School in the cafeteria. Breakfast & Registration will be from 7:30 to 8:00 and then classes will start at 8:00. Mark your calendar to save the date, and more information about classes will be sent out at a later time.

PRESIDENT-ELECT - *Rachel Martinez*

"Happy Healthy Day's" will be the theme for the 2019 NMSNA State Conference. It will be held at the Isleta Resort & Casino on June 3rd - 6th.

With the theme Happy Healthy Days, the Fonz says "Don't sit on it, get to the NMSNA Conference and be cool while learning about Nutrition Education, Administration, Operations, Communications & Marketing. We will be rockin' the Keynote Speakers, rollin' State Regulations & Updates and cruisin' the Food Show Floor correct-amundo."

NOMINATION & FOUNDATION CHAIR - *Shelley Montgomery*

Welcome back to school everyone. I hope you had a restful and fun summer and are now ready to get back to work. This year looks to be an exciting year for all of the members of NMSNA. With that in mind please consider running for an office or sitting on a committee. I will be looking for candidates to run for the office of Vice President and Treasurer. The election will be held during the NMSNA Annual Conference in June 2019.

3 Reasons why you should serve on the NMSNA Board.

1. You will develop skills that you may not have the opportunity to develop at your job. For example you may find that you enjoy planning a conference or region meetings, or sitting on the legislative committee, or public speaking. Somethings will be more natural and somethings will be out of your comfort zone but you will grow professionally and personally.

2. You will definitely build your professional network. Being on the NMSNA Board allows you to meet with people who aren't in your current network. Networking is huge in the school nutrition profession. You will meet people that will become lifelong friends and that you can call upon with questions and for advice.

3. You will develop a deeper understanding of what it takes to be a successful leader.Serving on the board allows you to attend conferences as a group with the other members of the board therefore more networking one on one time. A great benefit of serving on the board is that you will get the opportunity to attend the national Leadership Conference which will give you hands on training to help you on your NMSNA Board career. It is important that you begin to understand that not only is it possible for you to join the board but you are needed and your experience and knowledge (no matter how much or little) matters to the foodservice professionals of NM.

Candidates for officer's position shall have held membership in the Association for at least one year preceding the nominations. The member shall have served in at least one appointed office on the Executive Board or appointed committee and attended one State Conference. Must live in NM and hold current SNA Certificate.

Please consider these 2 important Board positions because it is important to the children of New Mexico that we keep up the good work that is already in progress for them.

If you have questions please call me. 575-420-7249

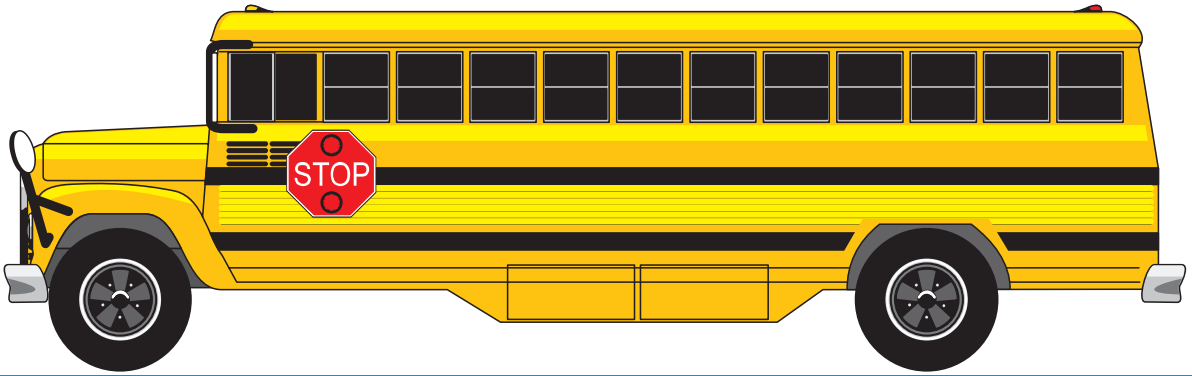
REGION 5 UPDATES - *Maria Guerra, region 5 chair*

Wooo-hooo summer time came and went quickly. Region 5 districts are up and going with the 2018-2019 school year. Much exciting things happening with the districts in region 5, we are seeing some new faces in director positions and some new ideas, programs in the works. In the Las cruces district, we have some new faces in the Nutrition department, a big "welcome" to Amanda Esquibel as the new Director and Edwanda Williams as the new Associate Director.

With new Directors in place we can expect new and exciting changes in the districts. Salad bars and the New Mexico Grown grant are 2 new things that Gadsden will be offering our students this school year. We are excited to have the opportunity in working with some of our local farmers here in Gadsden by putting their fresh produce on our new salad bars. Gadsden is piloting salad bars at 4 of our 23 sites. We are hopeful that the students will love the salad bars and hope to implement them in all sites by the end of this school year.
Another new venture Gadsden is piloting is a dinner program, Gadsden has partnered up with 21st century and FYI to offer dinner to some of our afterschool program students. It's always a good feeling when we can offer our students more opportunities to have a good meal.

Region 5 would like to wish you all a very successful school year filled with excitement, fun and positiveness.

Keep rocking and rolling cool cats and daddy-o's.



NUTRITION CHAIR - *Ginger Jones*

Flexibilities for milk, whole grains, and sodium requirements for School Year (SY) 2018-2019. The following three flexibilities apply to (SY) 2018-2019 only.

Milk: Operators in the National School Lunch Program (NSLP) and the School Breakfast Program (SBP) will have the option to offer flavored, low-fat (1 percent fat) milk as part of a reimbursable meal for students in grades K through 12. Flavored, low-fat (1 percent fat) milk may be provided to Special Milk Program and Child and Adult Care Food Program participants 6 years of age and older. No demonstration of hardship will be required. Schools will also be able to offer flavored, low-fat milk as a competitive beverage for sale.

Whole grains: State agencies will continue to have discretion to grant whole grain-rich exemptions to School Food Authorities (SFAs) that can demonstrate hardship(s) in procuring, preparing, or serving specific products that are acceptable to students and compliant with the whole grain-rich criteria. SFAs that receive exemption approval must offer at least half of the grains as whole grain-rich. Please refer to SP 33-2016 for guidance on the exemption process.

Sodium: Sodium Target 1 will continue as the regulatory limit in the NSLP and SBP.