

Executive Board 2016-2017

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Hello everyone, hope everyone is having a wonderful beginning of the school year! We are very busy in Las Cruces and doing great.

I would like to take the time to thank everyone from NMSNA that joined us at the National Conference in San Antonio. It was great having such a large group from New Mexico there. It was a great conference with lots of great classes.

All the region chairs are busy setting up their regional training and we will soon have all the dates out for you. I am also busy planning for the fall board meeting which has been changed to October 5th & 6th and will take place in Las Cruces, New Mexico. We are also planning a little reception for our Senators and Representatives of New Mexico.

Some topics of Discussion will be:

New Mexico Grown Produce
Breakfast after the Bell
30 Minute lunch.

Hoping for a great year.

Norma Valenzuela, NMSNA President

Executive Secretary's Corner

Another school year has begun and they all seem to be flashing by right before our eyes. It seems we just start a new school year and before we know it is over. As always I just want to let all NMSNA members know that I am always available to answer any questions NMSNA members might have regarding NMSNA. I can be reached at 505-980-1570 or pauline.raia@q.com

I want to let everyone know that effective October 1, 2016 the School Nutrition Association will be raising its membership fees. Below are the new fees. Please make sure when you are renewing your SNA membership fees that you use the new fees after October 1, 2016.

Hope you all have a fantastic year.

Pauline Raia, NMSNA - Executive Secretary

NEW MEXICO (NM)	STATE	NATIONAL	PROCESSING	TOTAL
SN Employee	\$ 3.50	\$ 33.00	\$ 2.00	\$ 38.50
Student	\$ 3.50	\$ 33.00	\$ 2.00	\$ 38.50
Retired	\$ 3.50	\$ 33.00	\$ 2.00	\$ 38.50
SN Manager	\$ 3.50	\$ 35.00	\$ 2.00	\$ 40.50
District Director/Supv/Spec	\$ 8.50	\$ 120.00	\$ 2.00	\$ 130.50
Major City Director/Supv/Spec	\$ 8.50	\$ 120.00	\$ 2.00	\$ 130.50
State Agency Director and Staff	\$ 8.50	\$ 120.00	\$ 2.00	\$ 130.50
Nutrition Educator	\$ 8.50	\$ 120.00	\$ 2.00	\$ 130.50
Other	\$ 8.50	\$ 120.00	\$ 2.00	\$ 130.50
Affiliate Employee	\$ 1.50	\$ 17.00	\$ 2.00	\$ 20.50
Affiliate Retired	\$ 1.50	\$ 17.00	\$ 2.00	\$ 20.50

LEGISLATIVE UPDATE

More than ever it is important to reach out to research and talk to as many candidates that are seeking election. Who knows what will happen in September when the House and Senate are in Session and November I don't even want to bring that up. Reach out to your representative, and congressman/women now send an email is a great start. Make sure they understand how important our programs are. Tell them how many you feed, numbers are impressive also discuss meal services you provide, breakfast, lunch, snacks, diners and of course summer programs. Bring up who you purchase products from, the local farmers, food vendors, equipment, the dollars you put back into the economy, your free and reduced percentage of students are in your district. Tell them one of many heartfelt stories of one of your students or staff members. Of course you do want to bring up Stop the Block!

Do not forget to vote on Election Day November 8, 2016. If you're not a registered voter the deadline is October 11, 2016. You have a voice that needs to be heard.

Sandra Kemp BS, SNS, NMSNA Legislative Chair

PRESIDENT ELECT'S CORNER

Welcome back to School! As we start the new school year let's think about the days ahead and what we are going to do with them. Have you set goals for your kitchen yet? Maybe your goal might be to serve more students this year than last year or have better customer service or learn each student by name but let's consider making at least one goal for promoting your kitchen staff, such as recognizing their accomplishments no matter how big or small for example by writing thank you notes, certificates, or a thank you done in person. This school year can be a great one if we as the leaders of our kitchen will serve each other and our students with a great attitude, leading by example, sharing our vision and being the most enthusiastic food service employee ever.

This summer was a busy one. The NMSNA conference this past June was a huge success. We learned not only how to spread our wings and be a better butterfly but to accept change with the grace of knowing that we can have the confidence to move forward and get the job done through training and networking with each other. Norma and the NMSNA Board and committees did a fantastic job organizing and finding good speakers/trainers to make our conference a success.

“YOU are the STAR”

NEW LOCATION for 2017 NMSNA Conference: HYATT Regency 330 Tijeras Ave. NW Albuquerque, with FOOD Show to be held in the Convention Center across the street with plenty of room for all!

The NMSNA Conference 2017 to be held June 5 -8 in Albuquerque will have the theme of “You are the STAR”. I choose this theme because I want to celebrate the cafeteria staff. Your job no matter how big or small is important. The other staff in our schools do not know what you do or how hard you work! So save the date and plan on attending NMSNA conference this June where you will be treated like the STAR you are.

Please consider nominating someone for Employee of the Year, Manager of the Year, or Director of the year. The information, qualifications and details are found on the NMSNA website. If you have any ideas for speakers or classes you would like to see on the schedule for 2017 conference please get in touch with me and let me know. 575-420-7249.

Shelley Montgomery - NMSNA President Elect

RESOLUTIONS/BYLAWS UPDATE

The majority of members voted for the bylaw changes at the New Mexico School Nutrition Associations annual conference in June. The bylaw changes were made to keep our state's association bylaws aligned with the national School Nutrition Association's bylaws. The Bylaws committee met on Aug 4, 2016 to discuss recommended bylaw additions and changes that were received at the National SNA conference in July. The committee is working to ensure the Articles of Incorporation are up to date and submitted to the State of New Mexico Regulation board. As a member please take time to become familiar with the bylaws and standing rules of the NMSNA.

Margene Purcella - Resolutions/Bylaws Chair

VICE PRESIDENT/MEMBER SERVICES' CORNER

Welcome back New Mexico's School Lunch Ladies and School Food Dudes! My name is Dean Gallegos and I am your new Vice President for the New Mexico School Nutrition Association. I am also the food service director with Bernalillo Public Schools. I have held several positions on the association's board such as *Roadrunner* Editor, Region 3 Chair but more recently I was Region 1 Chair. I have been in school food for over 20 years and 18 of those I have been part of the NMSNA. I am honored to hold this position and would to encourage anyone who is not a part of the association to join.

As part of the association you have many perks such as scholarship opportunities, learning new skills and receiving quarterly newsletters from NMSNA and SNA and many more advantages. I feel the biggest benefit that the association has to offer is to network with others from other districts in the state or even from around the nation.

I myself discovered the association after my first year as director. It has allowed me to attend conferences and meet new people from around the country as well as see different products and equipment that different manufactures have to offer.

You can join as individual, coworkers or as a district. As a district you can take advantage of using SDM which is School District Membership as an alternative to the individual membership. This is designed to meet the needs of the changing workforce by allowing school districts to blanket all employees of the district. If an employee leaves, the membership would not follow them, it will stay with the district which could be transferred over to an employee who was hired in that persons place. If you would like more information on SDM please contact me for more information at degallegos@bps.k12.nm.us or call me at 505-404-5741.

Dean Gallegos - Vice-President/Member Services

Education Chair Update

Besides legislation, one of the most important activities that NMSNA does for its members is providing education opportunities. This year we have a very eager group of regional chairs that I am working with to develop our training plan. We are planning fall training in each of the 5 regions as well as additional training in the spring. The dates for the fall trainings are included in this edition of the *Roadrunner*.

We are hoping to provide the food handler certification in both English and Spanish for nutrition professional who have not completed this class because it is now required by the New Mexico Environment Department for all employees. In addition, we want to offer several hands-on classes. The speakers are not all finalized but we are looking at a class on how to cook rice and beans as done in several different cultures. Another hands-on class would be to practice cooking with many different spices so that our food tastes great without much salt. The last class for the fall would be on ergonomics and knife skills. This class would help us take better care of our bodies that work so hard in the kitchen.

You can attend the training that is offered in your area or go to a different one. There will be a small fee for the food handler's class but all other training will be free. Watch the NMSNA website for the final information on the trainings or ask your director because they will all receive the information by email.

Plan to join your colleagues for one of these great trainings this fall. See you there.

Nancy Cathey, RD/LD - Education Chair

REGION 1 UPDATE

Training will be held on Saturday, October 22nd at The Belen Middle School.

Tentative training:

- Food Handler's Card and/or ServeSafe.
- Ergonomics with Poms & Associates and Spicing up Your Meals.

Region 1 Directors, look for a future mailing with final schedule and classes.

Janet Sanchez - Region 1

REGION 2 UPDATE

District 2 (4 corners area) will be having the NMSNA Fall Regional Training, Saturday October 8, 2016. The location is not yet determined. The class ideas we are working on are:

- Sharing Culture Through Foods: Legumes and Rice (this will be taught by our own food service professionals)
- Work Smarter, Not harder, Kitchen Safety including Knife skills
- Food handlers Card

At this point, we are not planning a Spanish Foodhandler's class but if demand is such, we may add it.

I will be sending out more information as time draws nearer. If you have any areas we can help train on, please let me know. I can be reached at seddy@rcsnm.org or 505-870-9085 .

Sue Eddy - Region 2

REGION 3 UPDATE

Hi, this is Michelle from Region 3 wondering how you all are getting along after a few weeks of school under your belt! It is always so exciting to start a new school year! We get to show our kids that the cafeteria can cook up some yummy food! We have been very busy here in Taos as I am sure you all have been also.

Our Region 3 Fall Training is coming and we would love for all of you who are in Region 3 to come join us! Our Fall Training will be the ServSafe Manager's Training. It will be held on October 28, 2016 at the Taos Municipal Administration Building, 310 Camino de la Placitas, Taos, NM 87571. It will from 8:00-4:00 and will be \$85.00 person which includes the ServSafe Manager Exam and hard Copy Study Guide.

English Instruction only will be offered. (Study Guides and Exams are available in Spanish). For more information call/email me at: (575)[758-5289](tel:5757585289)/michelle.roaque@taoschools.org. I hope to see you here in October!

Please confirm as soon as possible about if you plan to attend so we can order the books and send books in advance so you will have the opportunity to study before the exam.

Michelle Roaque - Region 3

REGION 4 UPDATE

What all went on during your summer? I have to say mine was very eventful from our state conference in Albuquerque to our Annually Conference in San Antonio Texas. Just look at some of these great pictures. I know that I just love to learn and no one could say we do not have some great classes at our conferences. From the basic ones like Nutrition 101 and Food Safety to some of the unique ones like Marketing Your Line Thru Food Creations, Beyond Food Safety Changing Behaviors and Every Employee Matters Your Job Is Your Profession in Spanish. I know I am excited to get back to my normal schedule but I will be making some changes that I learned over this summer. So here for Region 4, I am looking forward to planning our Fall Regional Training witch I have planned for October 15, 2016 at 7:30 am with our continental breakfast to start our day of learning, visiting with coworkers and just having a great day. See all of you from Region 4 at Goddard High School in Roswell.

Michelle Jerome - Region 4

REGION 5 UPDATE

Region 5 planning date for the training is Nov 5, 2016.

Carmen Torres - Region 5



.National #SchoolLunch Week Kicks Off in October!

What is NSLW? Created by President John F. Kennedy in 1962, National School Lunch Week (NSLW) is a weeklong celebration of the school lunch program. SNA members celebrate in their cafeterias every year with decorations, special menus, events, and more.

Be sure to mark your calendars! National School Lunch Week (NSLW) 2016 kicks off on October 10. This year's theme, "School Lunch: Show Your Spirit," challenges students, staff and school officials to come together to show how much spirit they have for school lunch. SNA provides many resources to help you promote your program: activity sheets for students, infographics for parents, customizable menu and press release templates and much more. To learn how your school can join the celebration, visit www.schoolnutrition.org/NSLW.

INDUSTRY UPDATE

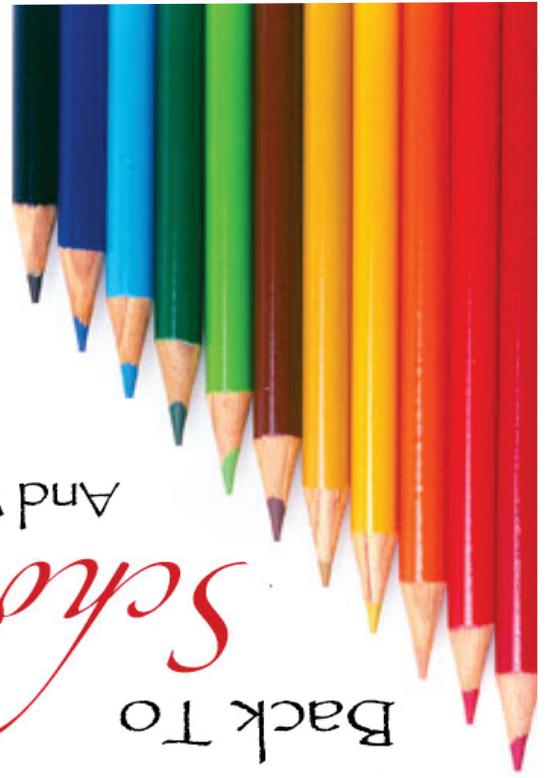
Welcome to the 16-17 School Year. Hope your first few weeks of school have run smoothly. Your 16-17SY Industry Committee members are Virginia Schroeder, Chair, Teresa Rogers, West Christian and Sara Bowen.

Here are some current industry happenings . . .

- **RECALLS** seem to be affecting all of us. Please make sure you check with your local broker to make sure your commodity processed items are not delayed due to one or more of these recalls. Your local distributor may also be affected by these recalls until the “supply chain” is refilled. You may want to be flexible with your menu for the first few months until all this settles down.
- **COMMODITY SHOW DATES** . . . in case you've not heard the NM State Commodity Show will be held December 7th and 8th this year in Albuquerque at the MCM Elegante Hotel.
- **LOW SODIUM DOMESTIC FRUIT & VEGETABLES** . . . as you working through your bid for the next bid period you may want to indicate that EXACT amount of SODIUM you are willing to accept in your canned fruits and vegetables. The USDA indicates that it should be 140mg of sodium per ½ cup. The other issue you should consider is that all product need to be PRODUCT OF USA. Except where that certain product is not grown in the USA. As you look through your storage room I'll bet you have product there that is not USA product. Some distributor brands are not USA product but every can MUST have country of origin on the label.
- **USDA** sent out updates on
 - o Unpaid Meal Charges
 - o Eligibility Manual
 - o Value of Donated Foods
 - o Potable Water Requirementsin mid-August. You should be seeing something on these for NM PED soon if not already.
- **BLOCK GRANT** . . . if you've not already contacted your local US Senator or Representative please make sure you do that soon and request that the vote AGAINST the Block Grant proposal. If you need more information on this please reach out to your regional chair and they can fill you in.
- **ACDA (American Commodity Distribution Association)** Annual National Conference in 2017 is set for April 23rd thru the 26th in Denver, CO.

Virginia Schroeder - NMSNA Industry Chair





Back To
School!
And We're So
Happy!

Winter 2016 Issue

Mail Date: November 21

Theme: Holiday

Article and Article Submission Deadline: October 28

Spring 2017 Issue

Mail Date: March 20

Theme: NMSNA Annual Conference

Article and Article Submission Deadline: March 3

or email chimeneq@gmail.com.

Send your information to: ATTN: Chimene Guillen, 8340 Washington St. NE, Suite B, Albuquerque, NM 87113

GOT NEWS?



RETURN SERVICES REQUESTED

Rio Rancho, NM 87124

1700 37th. St. SE

NEW MEXICO SCHOOL NUTRITION ASSOCIATION NEWSLETTER

